



Teen Girls Book Club

## Project Proposal



In all of This by Emily Stone

# Summary

## Objective

Once the book has been read and discussion questions for each chapter have been completed and reviewed, you will have the choice of a few projects to complete together. Using the help of your group leader, discuss which project(s) would best suit your group and complete one or more of them as a cumulative project. The goal of these projects is to continue to reflect on those things (good and bad) in life that shape us;

Our Faith, Family, Friendship, The Frightening, and The Future.

### 1 . “Burden Night”

In Psalm 55:22 it says, “Give your burdens to the Lord, and He will take care of you.” Everyone needs to take some time thinking back to burdens they’re carrying. These are things that trouble us and complicate life that we ultimately need to give to The Lord. Write down one, two or more things that you truly want to give to God, in order not to have to ‘carry’ these things anymore. Once your list is complete, secure it in a small envelope or small cardboard box. Using a wooden cross and nails, you can have a time of surrendering those burdens by nailing them to that cross. If it’s a time of year when you can build a bonfire, use that for casting those burdens away by throwing them into the fire. If lanterns from the fireworks store are available, buy one per person and attach the list of burdens to these in order to light and release these on the “burden night.” If you are doing the book study alone, you can do any of these options with a parent/adult supervision or you can seal an envelope with your burden and put it somewhere out of sight. After the burdens have been recorded, released or nailed to the cross, pray by yourself or with another trusted friend and commit to see one another through struggles in the future. This event night can also include fun songs of friendship and foods to enjoy around the bonfire, if you choose to do the book discussion in a group.

### 2 . “Let’s Get Together”

Either with your group or on your own, create an event plan to reach out to other girls in your church, school and community. Through this event, make it your goal to have adult speakers from your church who can serve as mentors through a round table discussion. Each adult involved would be given a topic to speak on and should be someone that would be helpful in giving advice to young ladies. These topics could include circumstances or problems similar to what the book addresses in the submissions sent to Emily Stone, as well as additional topics. In addition, think of a way that girls could anonymously turn in questions to be answered and plan some other activities or ice breakers that could connect those

attending to better get to know one another. Create a theme for the event based around scripture(s) and plan decorations around that theme.

### 3. “When I Grow Up”

It’s fun to dream about the future! Use either Google images or cut pictures out of magazines to find ways of expressing your dreams. Use the following categories to create a collage of these images: Future College, future job or career, future family, future ministry endeavors, and any other plans that you may have dreamed about for the future. You may complete this exercise in a group or alone. If you are reading the book independently, keep this collage of dreams. It might be fun to look at a few years down the road! If you are reading this book with a group, in front of the group, explain the pictures and give a 5 minute summary of who you are and where you feel like The Lord is leading you or what He’s teaching you through your growth in Him.