



# Project Proposal

Sexy Girls How Hot is Too Hot? by Hayley Dimarco

# SUMMARY

## Objective

You have read the book SEXY GIRLS: HOW HOT IS TOO HOT by Hayley Dimarco. By now, you should have an understanding that God's intent is for all of His people to live in Holiness. Sexy does not fit into that plan. Your projects are to help you create a plan for your life that you can be proud of. You will be proud to be known as the girl with a quirky style. No one is ever proud of being the girl who shows way too much.

## Goals

You are going to take what you have learned and apply it to a project of your choice. You get to show others the ideas of the book. By now, you are pretty knowledgeable about good choices and what God wants from you. You will complete a project to help instill that thinking in your life and spirit. Invite a few friends and make it fun. Maybe you can help someone else to find the freedom you have found. Celebrate your new style and be a more confident you.

## Choices

As a culminating activity you should choose one of the following activities to complete. These tasks are meant to be shared. Not only will you showcase your knowledge, you will spark an interest or change a heart. Imagine all the possibilities! Dream Big! Enlist help. You would be amazed at who is willing to help, if they are just asked.

- Design a fashion show. Although this sounds simple, the challenge is to be contemporary and modern, yet modest and holy. As you do this, think of those whom you admire for their style and taste. Think "What would \_\_\_\_\_ do?" Consult websites like: to help you. You can use your friends as models. For example if "Christy" looks really cute and is modest in her jeans and \_\_\_\_\_ top, consider asking her to be a part of the fashion show. Or, if you are doing a fashion makeover, you can have someone photograph your changes. You can do a live show for guests or you can create a slide show from your photos. In either case, create a description of each outfit. Highlight the great things of the outfit!
- It Is On the Menu. There is an adage that declares, "If it ain't on the menu, don't display it!" Magazines and TV shows try to sell us the idea that beauty is SKIN deep. However, the Bible teaches us that beauty is fading or vanishing, but that a woman who loves and fears God is the desired one. Create a menu show casing the qualities you have. Think of menus you have seen. Don't forget the price. Have 10 or so items on your menu with descriptions.

EXAMPLE:

## MENU

### Appetizers

#### Remarkable Humor

Christy demonstrates a jovial side that is remarkable. When others fret and frown, she finds the funny side to the situation. Drama is not her style.

She looks for the lighter-side of life.....A matched  
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## OR

- Host a "What Not to Wear Party". Invite a few girls over or use a Sunday School room at your church. Ask the attendees to bring some of their questionable attire. Let them know up front that your goal is to help them turn their questionable items into great items. Invite each willing participant to try on her outfit and the others at the party can help her make the change to a modest outfit. Open the party by sharing what you have learned. Have a 5 minute intro. Allow the group to come up with ground rules and stick with them (this is where your adult volunteer can be very handy). Remind everyone that the goal of the night is not to hurt or ridicule, but to protect the girl, those around her, and her body. Copy pages 143, 145, and 147 and share with each girl. Let them know about the changes you are making. Then begin the fashion parade. You may want to start. Be vulnerable. Put on your outfit and say, "Ladies, this is my favorite dress. I fell really cute when I wear it, but it may be immodest. Should I put a cami under it? Or do I need a jacket? Or should I abandon this and find something else that make me feel good and be holy?" Finish the evening by completing the commitment pages together. It would be cool if you would agree to hold one another accountable.

Whichever one you choose, have fun with it. Share with someone what you learned. Write a paragraph for the Girls Ministries website and include photos of your work. We would love to see the creative ideas you come up with. Remember, you define who you are. Have fun in doing that!